



Mission Statement

Founding Forward informs and engages citizens through transformational educational experiences grounded in American history.



Joyce Truett President	https://foundingforward.org/chapter/san-diego-ca/	September 2025
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Message from

President Joyce Truett

Greetings! I hope everyone had a wonderful summer. My family and I were able to enjoy a beautiful cruise to Alaska. Now I am looking forward to fall weather, football and Halloween.

Our San Diego Chapter is beginning the process of identifying 11th grade students to participate in the “Spirit of America” Leadership program at Valley Forge next April. Several members go to various high schools in October and along with last year’s participants present the program to students. Those interested apply, write an essay on why they would like to attend and obtain references from the faculty and the community. They are interviewed in early December and 10-12 students will be selected to attend the conference.

If you are interested in assisting in the student presentations or helping with interviews please let us know. Also, if you know of any 11th grade students, a neighbor, a grandchild or friend, invite them to apply. The application may be found on our [Founding Forward-San Diego Chapter](https://foundingforward.org/chapter/san-diego-ca/) website.

Unfortunately, this may be the last group of students that we will be able to send to Valley Forge. Our chapter’s mission is three-pronged; the support and education of young people, teacher education and to honor citizens who make a difference in our community. To carry on these goals we desperately need new members and new Board Members. There are only four Board members who are actively keeping our programs going. Our funds are dwindling and will soon be depleted. Please let me know if you have any fundraising ideas or corporations that we may contact for monetary support.

I realize that this is a difficult discussion to have and one that many organizations are facing at this time, but we do need your assistance.

I would like to offer my congratulations to our 2025 National Award recipients of the George Washington Honor Medal; community members Mary Jo Longo and Ursula Sorenson and student Arden Pala. These awardees will be honored at our February 2026 luncheon.

DONORS



We wish to thank the members and friends who support our chapter's activities and goals.

- Paula and Chuck Day*
- Monica Gutierrez*
- Sandy and Tom Helmantoler*
- Lynn and Adam Leavitt*
- Becky and Jim Reid*
- Sally and Jim Syren*
- Eric Syverson*
- Joyce and Henry Truett*



**FAREWELL
DEAR FRIEND**

Mary Ann Richter

**2033-
April 25, 2025
Long-time Member**

**The Importance of Volunteering and
Community Service**

Volunteering and community service are vital for the well-being of society.

The **benefits of volunteering** circle back to create positive ripple effects for the volunteers too. Individuals who donate their time and skills experience a wealth of personal growth and satisfaction. Volunteering fosters a sense of purpose and belonging, as individuals work towards a common goal for the greater good. It also offers unique opportunities for learning and skill development, from hands-on experience in specific fields to enhancing soft skills like communication, teamwork, and problem solving. Furthermore, engaging in community service expands one's social network, connecting volunteers with like-minded individuals and professionals who share their values and passions.

Portions of article from
"The Crisis House"


RENEW YOUR MEMBERSHIP

Individual Membership	\$35.00
Couple's Membership	\$50.00
Patron Membership	\$100.00

Send check to **Paula Day, Treasurer**
4717 Corte Mariposa – Bonita CA 91902-1532
Or to pay with credit card contact Paula, at
pday@cox.net

YOU CAN MAKE A DIFFERENCE!

OCTOBER HAPPENINGS & OBSERVATIONS

- Columbus Day (Second Monday of the month) 
- Halloween (October 31st)
- World Smile Day (First Friday of the month)
- World Egg Day (Second Friday of the month)
 - Adopt a Shelter Dog Month.
 - Breast Cancer Awareness Month.
 - Domestic Violence Awareness Month.

**DAY AT THE RACES – DEL MAR THOROUGHBRED CLUB
SAN DIEGO COUNTY CHAPTER
AUGUST 17, 2025**



Jan Thoresen and Guest of Honor Charlotte Perry



Founding Forward Race Winner's Circle



Glamorous Ladies



Michelle and Eric Syverson



Paula and Chuck Day



Sally Syren and Jeanette Haseyama



Chris Delange, President Joyce Truett, daughter Emily and Henry Truett



Fern Murphy and Barbara Brown



Adam and Lynn Leavitt

Allied Gardens Optimist Club Breakfast – June 19, 2025



Matilda Meyer, President Joyce Truett and William Vu



Matilda and William spoke about their experiences at the Leadership Program in Valley Forge



CONSTITUTION DAY THEME

The Constitution's Promise: Out of Many, One

The Constitution's Day theme urges us to take pride in a Constitution that bridges our differences to bring us together as a united nation.

Who Wrote the Constitution? James Madison

James Madison and the Federal Constitutional Convention of 1787. An essay documenting Madison as intellectual leader and keeper of the memory of the gathering that created the United States Constitution in the summer of 1787.

What are the seven Articles of the Constitution

- Article 1 - Legislative Branch
- Article 2 - Executive Branch
- Article 3 - Judicial Branch
- Article 4 – Relationships between states
- Article 5 – Amending the Constitution
- Article 6 - Prior Debts, National Supremacy Clause, and Oaths of Office
- Article 7 - Ratification

What are 5 fun facts about the Constitution?

The U.S. Constitution has 4,400 words. It is the oldest and shortest written Constitution of any major government in the world." Of the spelling errors in the Constitution, "Pensylvania" above the signers' names is probably the most glaring. Thomas Jefferson did not sign the Constitution.